



Join us for the
USDA Employee Wellness Month
Fitness Center Open House

Room SM-12 (Ag-Promenade)

Thursday, June 1st

11:00am – 2:00pm

Open House Specials:

Tours of the Fitness Center

FREE Snacks and Refreshments

Raffle Prizes

FREE Fitness Classes

(Open to Everyone!)

- Spin @ 11:45-12:30
- Yoga @ 12:30-1:15
- Pilates @ 1:15-1:45

Waived Processing Fee for New Members (A Savings of \$25)